



CHRIST
JUNIOR COLLEGE
BENGALURU - 29

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Principal's Message

"Each sunrise brings a new day filled with new hopes for a new beginning." - Debashish Mridha

My Dear Christites,

A hearty and warm welcome to the academic year 2023-2024. We have been looking forward to your arrival on campus. The college is indeed vibrant when there are students enthusiastic to learn. Staying true to our mission, we provide a nurturing ground for every individual's holistic development that will help them make an effective contribution to society. A plethora of opportunities lie ahead of you to enhance your knowledge and refine your skills. I truly wish you will make the best of them.

The United Nations has declared 2023 as the International Year of Millets, a proposal brought forward by the Government of India to elevate awareness of the contribution of millets for food security and to inspire stakeholders on improving sustainable production. Keeping this in mind, it has been chosen as the theme of this academic year, as we strive to spread awareness of its benefits. As rightly said by William Arthur Ward, "Teaching is more than

imparting knowledge, it is inspiring change". The determination of the faculty in nurturing change-makers is remarkable. I have utmost respect for my team which works by the vision of our founder, Saint Kuriakose Elias Chavara. Our vision- Excellence and Service, is a testament to the quality of our educators who work tirelessly to bring out the best in our students. I would like to congratulate the batch of 2022-23 for their impressive results in the II PUC Final Examination. They have indeed set a benchmark for the succeeding batches.

We hope to see you make history and continue the glorious legacy of the institution. I invite you to be a part of this journey filled with accomplishments, and most important of all, memories. March on Christites!

Dr Fr Sebastian Mathai CMI
Principal
Christ Junior College

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Editorial

"Memory is the diary we all carry about with us." - Oscar Wilde

Through this edition of Write Angle we wish to be a diary of sorts; a compilation of various events and dynamic performances. Records of students' enthusiastic participation, exciting intercollegiate and intracollegiate festivals, commendable academic milestones and much more is all amalgamated into one newsletter. We not only strive to inspire, but also urge students to let their creativity flourish. Colourful pictures adorn the pages along with unique write ups, and it surely serves as the right motivation for students to express themselves. Our fervent writers take students down memory lane in a delightful and engaging way. Needless to say, they have outdone themselves and we are sure that their hard work will be appreciated by all.

As rightly stated by Alexandra K. Trenfor, "The best teachers are those who show you where to look but don't tell you what to see." This humble endeavour would not have been possible without the help of our Teacher Coordinators, Ms Nikitha Verna Noronha and Ms Renimol Thomas. We would also like to express our deepest gratitude to our Principal Rev Dr Fr Sebastian Mathai and our Vice Principal Rev Dr Fr Thomas Mangara for providing us with this opportunity to enhance our skills and also grow as individuals. We are grateful to the team of writers, editors, photographers and everyone else involved in making this newsletter an undoubted success. And lastly, thank you to all the readers as we hope to provide an authentic reading experience for all.

Happy Reading!

Tiyas Sarkar (II HEPP - N)
Riddhi Deshpande (II HEPP - N)



Across the Globe: Indo-German Student Exchange Programme

On 24 April 2023, 17 Students and 2 teachers headed to Germany for a fortnight experience of the Indo-German student exchange programme. Upon reaching Munich they were greeted by Mr Martin Wimber, faculty of St Michaels Gymnasium in Metten, the school with which the exchange programme was arranged. He was extremely welcoming of us and guided the team throughout the trip. The team arrived at the school, where they were greeted by the host families and also got to witness a wonderful rendition by the school choir. The participants then parted ways to spend time with their host families and to get to know them, however, the team met almost everyday during the visit to various sites across Germany.

The team visited Munich, the capital of Bavaria, Neuschwanstein Castle, a Farmland and The Dachau Concentration Camp which was a very eye opening experience for all of them. They also visited one of the biggest skydiving arena's where they experienced snow, the Allianz Arena and favourite of all, the Frühlingsfest (spring festival). On the last day, a cultural show was performed for the German Team which was well received. This was one of the most surreal experiences of our lives.

Laya Charan
IIPPEs - O





The Magic of Three : Orientation Programme

"If you have to put someone on a pedestal, put teachers. They are society's heroes." - Guy Kawasaki

Our very proficient and dedicated faculty of Christ Junior College and Christ PU College were part of a three day orientation programme for the academic year 2023-2024. On 12 May 2023, the faculty was educated on the Indian Social-Emotional Learning Framework (ISELF) by Ms Maya Menon, Founder and Director; and Ms Monila Sapre, Head of School of Wellbeing from The Teacher Foundation (TTF). These resource persons provided our teachers with concrete knowledge on how they could be more effective in all the facets of their profession to instill the love of learning among students and create an environment conducive for their holistic development.

The United Nations has declared 2023 as 'The International Year of Millets'. Hence, in adherence to the theme lodged by the United Nations, on 15 May 2023, the teaching staff of the Department of Commerce at Christ Junior College organised a visit to the University of Agricultural Sciences, Gandhi Krishi Vigyan Kendra (GKVK) Headquarters, Bangalore. Our teachers were elucidated about the nutritional and health benefits of millets by Dr Suresha K B, Associate Professor of Dairy Technology and Principal Investigator. The faculty members also had a tour of the millet processing unit, a campus tour of the University and an illustration of the model farm under the assistance of Dr Jayashree, Assistant Professor for Agricultural Engineering and Dr Hanumanthappa D C, Scientist- Agroforestry. The day wound up with a visit to the nursery farm.

On 16 May 2023, a session on mental well-being and consciousness of the The Protection of Children from Sexual Offences (POCSO) Act was organised by the Department of Counselling. In the first session of the day, Dr M Manjula, Professor Clinical Psychology, NIMHANS delineated the significance of focusing on mental health. During the second session, Dr Rajendra K M, Associate Professor, Child and Adolescent Psychiatry, NIMHANS elaborated on the necessity to recognize students with special needs and those affected by substances. The staff was also briefed on how to deal with students under the POCSO Act.

Sarah Lobo
II CAMS - K



A New Beginning, A Fresh Start

“Success is not final. Failure is not fatal. It’s the courage to continue that counts.” - Winston Churchill

The II PUC Inauguration Ceremony took place on 17 May 2023 with pronounced enthusiasm in the main auditorium of Christ Junior College. The event marked the beginning of an exciting academic year for the students and aimed at inspiring and motivating them towards their educational journey. The auditorium was filled with fascinated faces and whispers of the students thrilled to be back on campus after the summer break.

The ceremony commenced with the lighting of the lamp while the choir rendered the invocation hymn. It was followed by the introductory prayer, reading from the scriptures, a prayer of Saint Chavara, intercessory prayers, and the concluding prayers that ushered in a hopeful start. The ceremony continued with a warm address by the Principal, highlighting the achievements of the institution and encouraging students to strive for all-round development. The ceremony embraced the theme ‘Year of Millets’ and expressed the hope to achieve the goal of a plastic-free campus. The academic achievers of the I PUC promotional examination 2022-2023 were felicitated during the assembly. This was followed by the general instructions given by Dr Shruti Jose to maintain the disciplined nature of the college. The cultural team of the college then mesmerised the audience with their majestic and captivating dance performance which represented positive change and perseverance. Interactive and informative orientations were given by Dr Sapna and Ms Shylaja on ‘Healthy Cyber Practices and Gadget Abuse’. The college anthem by the choir marked the end of the inauguration ceremony for the students, setting a positive tone for the upcoming academic year. The ceremony undoubtedly left a lasting impact on the students, faculty and guests, fostering a sense of belonging and commitment to the institution.

Joshika Sathis
IIPCMB - E



Knowledge is Power: Book Drive

The Centre for Social Action (CSA) at Christ Junior College conducted its yearly book drive from 24 - 31 May 2023. The association aimed to collect new and used books from the students, which were distributed to the needy children in rural areas. They collected around 700 books ranging from grade 6 to 10 as well as I and II PUC books. Various other stationery too was collected. Carton boxes were placed in the quadrangle to encourage students to donate their books. This event was proved successful under the guidance of Teacher Coordinator Ms Preethi S Rao. The book drive witnessed a positive response from students as keen interest and cooperation was seen amongst them.

Amanda Abreo
II PCMC - I



Visits to ASVAS and Parivarthana : Making a Change

Food is one of the most essential fuels that keep our life going. However, there are many who do not get even two square meals in a day; they have to go through arduous turmoils to put a fistful of grain on their plate. For helping the people in difficult circumstances, ASVAS is a lifeline. They have been working towards improving the conditions of the underprivileged for thirteen years by offering free meals. The II PUC class representatives visited ASVAS (The Dharmaram Center for the differently abled and elderly, distributing free mid-day meals for the hungry), got into pairs and cut up raw mangoes. They served the underprivileged a good lunch, and the smiles they had on their faces made the experience memorable.

The I PUC students were also taken to Parivarthana (the decentralised, waste-management unit in the campus of CHRIST) for a visit from 5 June to 22 June 2023. It was an endeavour to make students aware of the recycling process on campus and also understand the importance of waste management.

Tiyas Sarkar
II HEPP - N

Healthier Lives
Sustainable
Future



Changing the World: One Millet at a Time !

Resilient enough to withstand the damage done to the environment by humans, a solution to all our problems and a revolution in the making: Millets. Cognizant of the importance of millets, India proposed to observe 2023 as the 'International Year of Millets'. It was endorsed by the 75th session of the UN general assembly. But why millets? Millets have more protein, dietary fibre, iron and calcium content than rice or wheat. They have a low glycemic index, hence they also help fight diabetes. It could potentially empower farmers, eliminate hunger, adapt to climate change, promote biodiversity, achieve sustainable development and help transform agrifood systems.

In order to create awareness among its students, Christ Junior College has decided to make 'Millets' the theme of the academic year 2023-2024. To celebrate this, the CJC MUNSOC team conducted an interclass poster making competition - 'India Millet Map', for all the II PUC classes. The participants had been instructed to use only sustainable and eco friendly materials, and to avoid using plastic and thermocol. This competition encouraged students to look at the future through millets, to ponder upon the fact that a green, healthy and happy future depended on the small choices we make. The classes II PCMB - F, II PCMC - H, II HESP - M and II PCMC - I placed. They were ingenious in their approach and captured the true essence of the theme. After the competition, all the posters were displayed in the college quadrangle. Not only did the students come up with a myriad of ideas, but their execution was flawless as well.

Ain Alsaba
II PCMB - D





Arrive & Thrive!

On 2 June 2023, Christ Junior College hosted an inaugural ceremony that wholeheartedly welcomed the enthusiastic I PUC students of the 2023-2025 batch, aiming to create an atmosphere that would set the stage for their transformative academic journey. The dignitaries consisted of the Principal - Rev Dr Fr Sebastian Mathai, Vice Principal - Rev Dr Fr Thomas Mangara, and Coordinator of the Student Welfare Office - Ms Betsy R M, along with the Class Teachers of the I PUC sections, who set a positive tone for the gathering. The event began with the auspicious lighting of the lamp by the dignitaries, followed by a prayer service. During the orientation session, the Principal took the opportunity to honour and recognise the outstanding achievements of the top-performing students from Christ Junior College across all streams. Mr Karun Kumar Y, an IAS officer and proud alumnus of the college, was also recognized as a shining example of the institution's achievements. This was followed by an enchanting performance by the college dance team, showcasing a Carnatic classical composition. All Christites then united to sing the college anthem, in a beautiful harmony representing their unwavering determination as they embark on a remarkable two-year journey of growth and success. The Inauguration was followed by orientation sessions for parents and students.

Himani Shantakumar
IICAMS-K





Tech Talk!

Technology is not just a tool; it's a catalyst for human progress, unlocking infinite possibilities and propelling us towards a future limited only by our imagination. The Tech Club of Christ Junior College held an insightful workshop on Android App Development. These engaging two days taught students to develop apps using the MIT Inventor App. The students were mentored by Ms Padma Lochini (M.Tech, Phd from IIT Bombay). The sessions were edifying and were beginner - friendly. The attendees also unleashed their creativity and developed apps of their own using the MIT Inventor App. Students made around 7-8 applications including apps for people who cannot speak, listening apps, location finder app and even an SOS app. In conclusion, the tech workshop provided participants with valuable insights, practical skills, and a renewed enthusiasm for technology, empowering them to embrace the digital era with confidence and creativity.

Adithi Hari
II CAMS - K



The Millets Awareness Drive

The millets awareness drive was an initiative by the Department of Commerce to celebrate the Year of Millets. Charts were put up on the day of the I PUC orientation, educating onlookers about the detriments of plastic use as well as on how our campus aims to be a plastic free zone. The charts also included interesting facts about the advantages of millets. There was also an interactive tally survey for the parents, where they were questioned about their practices of managing plastic, and reflecting about how much plastic they consume. A post-it board was also set up on display for the parents to pin up some of their own recipes or restaurants which served millets, to highlight our theme. While the parents sipped away at their refreshments, students went around educating them about millets and deleterious ways of plastic in general. This initiative came to life under the guidance of Ms Rashmi N, Ms Vandana Mary and Ms Deepa George.

Amanda Abreo
II PCMC - I



Project Green Hands

Every year, people all over the world celebrate World Environment Day, a special occasion that serves as a reminder to each person about their responsibility towards nature. 'Prakruti', the Eco-club of Christ Junior College (CJC), actively participated in these celebrations, making this year's event even more remarkable. The event, organised by Teacher Coordinator - Ms June Abraham and Student Coordinator - Saurabh Mehta, along with a dedicated group of volunteers, took place on 5 June 2023, on campus. The event began on Saturday, where the students were informed to bring flower-bearing plants for a plantation drive in college. On Monday at 12:05 p.m., the drive commenced in the quadrangle where approximately 150 enthusiastic Christites had gathered, each with their own saplings. They marched together towards the mango yard in the Dharmaram campus and planted the saplings with the aim of having a greener campus and future.

The main objective behind this drive was to promote environmental conservation and work towards building a sustainable future. This initiative not only instilled a sense of duty among Christites towards our planet but also emphasised the significance of our environment. It also highlighted the need of trees which is the best solution for tackling the global problem of climate change. This drive was a huge success, and it was a proud moment for all involved.

Nirav Jain
IICAMS-K





World Food Safety Day

"Awareness is the greatest agent for change." – Eckhart Tolle

Students are the future gems of society, and the finest way to prepare them for their upcoming challenges is by empowering them in the present. The Centre for Social Action (CSA) of Christ Junior College is one such club that is renowned for providing the students with several opportunities to develop their social values such as justice, freedom, respect, communal service, and responsibility through different activities so that they may be able to build a future devoid of malice and prejudice.

'Drishti' (sight / an eye opener) is the street drama wing of the Centre for Social Action which performs street plays in and outside campus to generate awareness on various societal problems. On 7 June 2023, 'Drishti' organised a street play on senior citizens' mental health which focused on encouraging the students to strenuously object to the stigma of mental health issues. It distinctly portrayed how ageing and mental health are closely linked, and how we should go about assisting our elders to boost their mental health by making slight changes in our way of living, acknowledging their necessities, and creating a supportive environment by recognizing and treating them as and when required. To commemorate the 'World Food Safety Day', the street play also highlighted the significance of guaranteeing that the food we consume is harmless to reduce the negative consequences of food-borne diseases, which in turn is key to promoting a healthy and sustainable lifestyle. There were about twenty enthusiastic and brilliant volunteers from II PUC who teamed up to exhibit this street play through which they enlightened us on the fact that values are infectious; if one practises them the others will too, eventually making us all better human beings in a developed society.

Sarah Lobo
II CAMS - K





Clubs and Associations

"If you do what you've always done, you'll get what you've always gotten." - Tony Robbins

The inauguration of the Clubs and Associations took place on 15 June 2023 with great excitement and anticipation in the Main Auditorium of Christ Junior College. The inauguration aimed to introduce and promote various clubs and associations to the students of the first pre-university level, providing them with an opportunity to explore their interests, enhance their skills, and engage in extracurricular activities. The event commenced with the lighting of the lamp that signified brightness and prosperity followed by a warm welcome speech by Ms Betsy R M, Coordinator, Student Welfare Office. The Principal addressed the gathering, emphasising the importance of clubs and associations in holistic student development. The audience was then addressed by the chief guest Mr Aniruddha Jatkar. The investiture ceremony took place soon after this, the student coordinators stepped forward to take on their roles as leaders of their respective clubs and associations. This was followed by each club and association engaging the audience with a 30 second trailer that summed up their experiences, objectives and the essence of who they were. The enthusiastic first years were left in awe. The cultural team then mesmerised the audience with their elevated and breathtaking dance performance. The vote of thanks was delivered by Ms Renimol Thomas, Coordinator, Student Development Office. With the choir rendering the college anthem, the inauguration came to an end. The inauguration of the Clubs and Associations was a resounding success, creating a buzz of enthusiasm and excitement among students.

Amanda Abreo
II PCMC - I





Clubs and Association Coordinators and Office Bearers 2023-2024

Sl. No.	Name	Club / Association	Office Bearer	Class	
1	Ms Betsy R M	Student Welfare Office	Aamie Ajlo	II PPES O	swo_cjc
2	Ms Rashmi R	Science Forum	Siddharth Murali	II PCME G	scienceforum.cjc
3	Ms Ann Rose E	Colossus- Commerce Association	Laksh Bothra	II CAMS K	colossus.cjc
4	Mr Deena Dayalan	Spectrum- Social Science Association	Nijaguna	II HESP M	spectrum.cjc
5	Mr Pradeep K Joshi	Prerana- The Language Association	Naada H P	II PPES O	prerana.cjc
6	Ms Vinutha Silvia Pinto	Pierian Spring - The English Club	Aparajita Chowdhuri	II PPES O	pierianspring_cjc
7	Ms June Susan Abraham	Prakruti - The Eco Club	Saurabh Mehta	II CAMS J	ecoclubcjc
8	Mr Kiran R V	Sedes Minerva - The Quiz Club	Kusumanjale H	II PCMB B	sedes_minerva.cjc
9	Ms Dolly Martin	MUNSOC	Shrishti Rajesh Adhyam	II PPES O	cjc_munsoc
10	Ms Sushma S	The Tech Club	Mayank Jangid	II PCMC H	techclub_cjc
11	Mr Aravindan K	The National Cadet Corps (NCC)	Faba Santhosh	II PPES O	-
12	Ms Preethi Rao	Centre for Social Action (CSA)	Veeksha D	II CAME L	csa.cjc
13	Ms Snehapriya Pius	Choir	Catherine Maria Joseph	II CAMS J	cjc_choir
14	Mr Ganesh Kumar P	Physical Education Instructor and Coordinator, Brass Band	Amisha Nair	II HEPP N	cjc_sportsclub
15	Ms Sindhu Antony	Association of Christian Christites (ACC)	Smitha Elsheba	II CAMS K	acc_christjuniorcollege



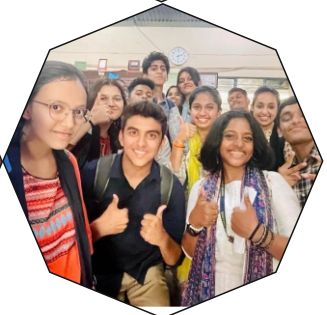


Inauguration of Class Culturals

The Flash Mob inaugurating the class culturals for the academic year was held on 19 June 2023 and was an enthralling surprise for the students of I PUC. The quadrangle was filled with the excited applause of the students. The theme in accordance with the International Year of Millets, is 'Crops and Emotions'. The students of II PUC had been planning the performance under the guidance of Mr Nanthakumar, Dance Coordinator - SWO; for the preceding few weeks. The dynamic dances coupled with vibrant costumes seized the attention of all. The students and teachers alike, enthusiastically tapped their feet to the catchy music. All the students now eagerly await the upcoming performances.

Riddhi Deshpande
II HEPP - N







Write Angle is the college newsletter of Christ Junior College. If you wish to write for us or work on our editorial board / design section, kindly contact the teacher coordinators.

Email: nikitha.noronha@cjcc.christcollege.edu
renimol.thomas@cjcc.christcollege.edu

Editorial Team

Teachers

Nikitha Verna Noronha
Renimol Thomas
(Department of English)

Student Coordinator

Jainam Jain (II CAMS - K)

Student Editors

Tiyas Sarkar (II HEPP - N)
Riddhi Deshpande (II HEPP - N)